



# TRACK AND FIELD 2010

- \* Want to learn skills that will help you perform better in any sport?
- \* Want to set goals and challenge yourself to meet or exceed them?
- \* Want to represent Ojai in an exciting countywide Ventura league?

## Important Info:

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- The Ojai Roadrunners **2010** season is rapidly approaching.
- Boys and girls, ages 7 to 15 are encouraged to join.
- Sign-ups will be held on Saturday, January 16th & 23th from 10:00 a.m. - 2:00 p.m. at Matillija Junior High School and Sarzotti Park.
- Bring a copy of your child's birth certificate, doctor's name and number, and medical insurance information.
- Participation fee is \$75.00 for the first child, and \$65.00 for each additional child, plus a \$25.00 uniform purchase for all those who need them. Scholarships are available.
- Our first team practice will be on Monday, February 22nd at Nordhoff High School's all weather track.
- Meets will begin on March 20th and run through June 5th for those athletes who advance through the championship meets.
- Coaches and event volunteers are always welcome. Parent participation is expected at our 3 home meets. A refundable deposit will be required.

For further information, or if you'd like to become involved as a coach, contact: **Ed Italo** at 640-8337 or edcamwest@sbcglobal.net

Visit our website at: [www.ojairoadrunners.com](http://www.ojairoadrunners.com)



VENTURA COUNTY YOUTH TRACK CONFERENCE